

# Suzi Dent



- **PURE COACH**
- **SPEAKER**
- **AUTHOR**

## About Suzi

Suzi Dent is a high energy, charismatic speaker, motivator, and humorous MC with a wealth of experience. From an impressive background in business and the entertainment industry, Suzi brings real life solutions and transformations, inspiring and encouraging her audiences to believe in themselves and to realise their dreams by accepting the power of YES!

“Suzi is a confident and natural speaker with high energy and an engaging presentation style. She has such a wonderful bubbly character and is a welcome addition to any event”.

**Charlie Mancini – Metro North Hospital**

## Transformation Self-Esteem Resilience

**Keynotes to inspire, enthuse and engage.**

### **The Mind Shift Shield:**

#### **Transforming Your Relationships**

Create an immediate 180-degree shift in your personal mindset by allowing positive communication and connection with difficult and toxic family, friends and colleagues.

For those who are feeling dis-empowered by their personal relationships.

Those who would love to learn a fast, easy and actionable strategy so that their close relationships with difficult people, especially those that push their psychological buttons and hold them back from reaching their full potential, can be changed forever. Suzi will inspire, encourage, and inform you with the skills to create the most fabulous version of your life.

### **Tomboy to Beauty Queen:**

An uplifting and inspirational story about transformation at any age. Living with the daily existence of her husband's battle with depression and anger management issues for over six years had whittled away at their relationship, their souls, and their lives.

Many people are suffering from depression. You will know at least one of them. You may be one of them. Suzi shares her own personal journey of transformation from a lifelong tomboy with a fear of frocks and low self-esteem, to international beauty queen Mrs Earth Australia. Sharing specific, actionable strategies audiences can use to embark on a similar path of embracing true prosperity in their own lives.